

Elmsgrove Termdates 2008 - 2009

Dates subject to change - check www.elmsgrove.com or call for latest update. See key below for course codes

SEPTEMBER (2008)						
M	T	W	T	F	S	S
1	2	3	4	IHM	IHM	HCP
8	9	10	11	12	TOI	14
15	16	17	18	19	20	21
22	23	24	25	26	BPD	Chant
29	30					

OCTOBER						
M	T	W	T	F	S	S
		1	2	IHM	HCP	HCP
6	7	8	9	IHM	DSY	Chant
13	14	15	16	17	18	19
20	21	22	23	ICT	25	HCP
27	28	29	30	31		

NOVEMBER						
M	T	W	T	F	S	S
					1	HCP
3	4	5	6	ICT	BPD	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	IHM	IHM	Chant

DECEMBER						
M	T	W	T	F	S	S
1	2	3	4	ICT	BPD	DSY
8	9	10	11	TOI	TOI	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY (2009)						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	IHM	DSY
12	13	14	15	BPD	17	Chant
19	20	21	22	ICT	24	25
26	27	28	29	30	31	

FEBRUARY						
M	T	W	T	F	S	S
						1
2	3	4	5	TOI	BPD	8
9	10	11	12	IHM	IHM	Chant
16	17	18	19	20	DSY	DSY
23	24	25	26	ICT	ICT	

MARCH						
M	T	W	T	F	S	S
						1
2	3	4	5	TOI	TOI	8
9	10	11	12	13	14	15
16	17	18	19	IHM	21	22
23	24	25	26	BPD	28	Chant
30	31					

APRIL						
M	T	W	T	F	S	S
		1	2	3	ICT	5
6	7	8	9	10	11	12
13	14	15	16	17	18	Chant
20	21	22	23	ICT	BPD	DSY?
27	28	29	30			

MAY						
M	T	W	T	F	S	S
				ICT	ICT	3
4	5	6	7	YBT	YBT	YBT
11	12	13	14	TOI	TOI	Chant?
18	19	20	21	IHM	IHM	DSY?
25	26	27	28	29	30	31

JUNE						
M	T	W	T	F	S	S
1	2	3	4	5	TOI	7
8	9	10	11	IHM	13	14
15	16	17	18	IHM	BPD	21
22	23	24	25	26	27	Chant
29	30					

JULY						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	ICT	ICT	12
13	14	15	16	IHM	BPD	Chant
20	21	22	23	24	DSY	DSY
27	28	29	30	31		

AUGUST						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

KEY TO COURSE CODES		Contact us: 01566 774792 enquiries@elmsgrove.com
Chant	Chanting, meditation & philosophy, 2-5pm (Donation). Launceston [EGb]	
IHM	Introduction to Indian Head Massage [CAE]	
ICT	Introduction to Complementary Therapy [CAE]	
TOI	A Taste of India - Music, meditation, massage, a little philosophy and chai! [CAE]	
BPD	Birth Preparation Day [CAE]	
DSY	Devon School of Yoga Postgraduate Workshop [EGi]	
HCP	Hindu Community Plymouth, Bajans, 2-6pm. Plymouth CFCD [EGi]	
San	Santosa Pan-Yoga Gathering & Kirtan Camp. Somerset [EGi]	
CAE	Book through Cornwall Adult Education	
EGb	Book directly with Elmsgrove	
EGi	Information available from Elmsgrove	